	States B							Volunt	tary I	Petition
Name of Debtor (if individual, enter Last, First		TICE OF	Califor	_	of Joint De	ebtor (Spouse) (Last, First	. Middle):		
Cowling, Lance M.	,,					(-1	, (,	,,		
All Other Names used by the Debtor in the last 8 years (include married, maiden, and trade names):				All Other Names used by the Joint Debtor in the last 8 years (include married, maiden, and trade names):						
Last four digits of Soc. Sec. or Individual-Taxpayer I.D. (ITIN)/Complete EIN (if more than one, state all) xxx-xx-0185				Last fo	Last four digits of Soc. Sec. or Individual-Taxpayer I.D. (ITIN) No./Complete EIN (if more than one, state all)					
Street Address of Debtor (No. and Street, City, and State): 1419 Caminito Diaclema				Street	Street Address of Joint Debtor (No. and Street, City, and State):					
La Jolla, CA ZIP Code 92037									Г	ZIP Code
County of Residence or of the Principal Place of Business: San Diego				Count	y of Reside	ence or of the	Principal Pla	ace of Business:	-	
Mailing Address of Debtor (if different from str	reet address):			Mailir	g Address	of Joint Debt	or (if differe	nt from street add	dress):	
		_	ZIP Code						Г	ZIP Code
Location of Principal Assets of Business Debto (if different from street address above):	r	<u> </u>								
Type of Debtor	1		of Business			•	•	otcy Code Under		ı
(Form of Organization) (Check one box) Individual (includes Joint Debtors)	☐ Health	Care Bu			☐ Chapt	er 7	_	led (Check one b	ŕ	
See Exhibit D on page 2 of this form. Corporation (includes LLC and LLP)	in 11 U	S.C. § 1	eal Estate as 101 (51B)	defined	ined ☐ Chapter 9 ☐ Chapter 15 Petition for Recognition of a Foreign Main Proceeding					
☐ Partnership ☐ Other (If debtor is not one of the above entities,		Stockbroker Commodity Broker Clearing Bank			-			hapter 15 Petition a Foreign Nonm		0
check this box and state type of entity below.)	☐ Clearing							u i oreign romm		.ccu.i.g
Country of debtor's center of main interests: Country of debtor's center of main interests: Country of debtor's center of main interests: Country of debtor's center of main interests:				,	Nature of Debts (Check one box)					
Each country in which a foreign proceeding by, regarding, or against debtor is pending:	Debtor is under Ti	(Check box, if applicable) Debtor is a tax-exempt organizatio under Title 26 of the United States Code (the Internal Revenue Code).			s "incurred by an individual primarily for					
Filing Fee (Check one bo	x)			one box:	nall business	Chap debtor as defin	ter 11 Debt			
Full Filing Fee attached Filing Fee to be paid in installments (applicable to	o individuals on	ıly). Must		Debtor is not				J.S.C. § 101(51D).		
attach signed application for the court's consideration certifying that the debtor is unable to pay fee except in installments. Rule 1006(b). See Official				Debtor's agg	tor's aggregate noncontingent liquidated debts (excluding debts owed to insiders or affiliates) ess than \$2,490,925 (amount subject to adjustment on 4/01/16 and every three years thereafter).					
Form 3A. Filing Fee waiver requested (applicable to chapter attach signed application for the court's considera			BB.	Acceptances	ng filed with of the plan w		epetition from	one or more classe	es of cred	itors,
Statistical/Administrative Information			i	n accordance	e with 11 U.S	S.C. § 1126(b).	THIS	SPACE IS FOR C	OURT U	SE ONLY
☐ Debtor estimates that funds will be available ☐ Debtor estimates that, after any exempt pro	perty is exclud	ded and	administrati		es paid,					
there will be no funds available for distribut Estimated Number of Creditors	non to unsecu	irea crea	itors.							
1- 50- 100- 200- 49 99 199 999] 5,001- 0,000	10,001- 25,000	25,001- 50,000	50,001- 100,000	OVER 100,000				
Estimated Assets	to \$10 to] 0,000,001 \$50 illion	\$50,000,001 to \$100 million	\$100,000,001 to \$500 million	\$500,000,001 to \$1 billion					
Estimated Liabilities] 0,000,001 \$50	\$50,000,001 to \$100	\$100,000,001 to \$500	\$500,000,001 to \$1 billion					

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B1 (Official Form 1)(04/13) Page 2 Name of Debtor(s): Voluntary Petition Cowling, Lance M. (This page must be completed and filed in every case) All Prior Bankruptcy Cases Filed Within Last 8 Years (If more than two, attach additional sheet) Case Number: Date Filed: Location Where Filed: - None -Date Filed: Location Case Number: Where Filed: Pending Bankruptcy Case Filed by any Spouse, Partner, or Affiliate of this Debtor (If more than one, attach additional sheet) Name of Debtor: Case Number: Date Filed: - None -District: Relationship: Judge: Exhibit B Exhibit A (To be completed if debtor is an individual whose debts are primarily consumer debts.) I, the attorney for the petitioner named in the foregoing petition, declare that I (To be completed if debtor is required to file periodic reports (e.g., forms 10K and 10Q) with the Securities and Exchange Commission have informed the petitioner that [he or she] may proceed under chapter 7, 11, 12, or 13 of title 11, United States Code, and have explained the relief available pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 under each such chapter. I further certify that I delivered to the debtor the notice and is requesting relief under chapter 11.) required by 11 U.S.C. §342(b). ☐ Exhibit A is attached and made a part of this petition. \mathbf{X} /s/ William F. McDonald, III **September 30, 2013** Signature of Attorney for Debtor(s) (Date) William F. McDonald, III (CA-230128) Exhibit C Does the debtor own or have possession of any property that poses or is alleged to pose a threat of imminent and identifiable harm to public health or safety? Yes, and Exhibit C is attached and made a part of this petition. No. Exhibit D (To be completed by every individual debtor. If a joint petition is filed, each spouse must complete and attach a separate Exhibit D.) Exhibit D completed and signed by the debtor is attached and made a part of this petition. If this is a joint petition: ☐ Exhibit D also completed and signed by the joint debtor is attached and made a part of this petition. Information Regarding the Debtor - Venue (Check any applicable box) Debtor has been domiciled or has had a residence, principal place of business, or principal assets in this District for 180 days immediately preceding the date of this petition or for a longer part of such 180 days than in any other District. There is a bankruptcy case concerning debtor's affiliate, general partner, or partnership pending in this District. Debtor is a debtor in a foreign proceeding and has its principal place of business or principal assets in the United States in this District, or has no principal place of business or assets in the United States but is a defendant in an action or proceeding [in a federal or state court] in this District, or the interests of the parties will be served in regard to the relief sought in this District. Certification by a Debtor Who Resides as a Tenant of Residential Property (Check all applicable boxes) Landlord has a judgment against the debtor for possession of debtor's residence. (If box checked, complete the following.) (Name of landlord that obtained judgment) (Address of landlord) Debtor claims that under applicable nonbankruptcy law, there are circumstances under which the debtor would be permitted to cure the entire monetary default that gave rise to the judgment for possession, after the judgment for possession was entered, and Debtor has included with this petition the deposit with the court of any rent that would become due during the 30-day period after the filing of the petition. Debtor certifies that he/she has served the Landlord with this certification. (11 U.S.C. § 362(l)).

B1 (Official Form 1)(04/13) Page 3

Voluntary Petition

(This page must be completed and filed in every case)

Signature(s) of Debtor(s) (Individual/Joint)

I declare under penalty of perjury that the information provided in this petition is true and correct.

[If petitioner is an individual whose debts are primarily consumer debts and has chosen to file under chapter 7] I am aware that I may proceed under chapter 7, 11, 12, or 13 of title 11, United States Code, understand the relief available under each such chapter, and choose to proceed under chapter 7. [If no attorney represents me and no bankruptcy petition preparer signs the petition] I have obtained and read the notice required by 11 U.S.C. §342(b).

I request relief in accordance with the chapter of title 11, United States Code, specified in this petition.

X /s/ Lance M. Cowling

Signature of Debtor Lance M. Cowling

 \mathbf{X}

Signature of Joint Debtor

Telephone Number (If not represented by attorney)

September 30, 2013

Date

Signature of Attorney*

X /s/ William F. McDonald, III

Signature of Attorney for Debtor(s)

William F. McDonald, III (CA-230128)

Printed Name of Attorney for Debtor(s)

The McDonald Legal Group

Firm Name

7220 Trade Street, Suite 202 San Diego, CA 92121

Address

Email: william@mcdonaldlegalgroup.com 858.437.0103 Fax: 858.437.0108

Telephone Number

September 30, 2013

Date

*In a case in which § 707(b)(4)(D) applies, this signature also constitutes a certification that the attorney has no knowledge after an inquiry that the information in the schedules is incorrect.

$Signature\ of\ Debtor\ (Corporation/Partnership)$

I declare under penalty of perjury that the information provided in this petition is true and correct, and that I have been authorized to file this petition on behalf of the debtor.

The debtor requests relief in accordance with the chapter of title 11, United States Code, specified in this petition.

X

Signature of Authorized Individual

Printed Name of Authorized Individual

Title of Authorized Individual

Date

Name of Debtor(s):

Cowling, Lance M.

Signatures

Signature of a Foreign Representative

I declare under penalty of perjury that the information provided in this petition is true and correct, that I am the foreign representative of a debtor in a foreign proceeding, and that I am authorized to file this petition.

(Check only one box.)

- ☐ I request relief in accordance with chapter 15 of title 11. United States Code. Certified copies of the documents required by 11 U.S.C. §1515 are attached.
- ☐ Pursuant to 11 U.S.C. §1511, I request relief in accordance with the chapter of title 11 specified in this petition. A certified copy of the order granting recognition of the foreign main proceeding is attached.

X

Signature of Foreign Representative

Printed Name of Foreign Representative

Date

Signature of Non-Attorney Bankruptcy Petition Preparer

I declare under penalty of perjury that: (1) I am a bankruptcy petition preparer as defined in 11 U.S.C. § 110; (2) I prepared this document for compensation and have provided the debtor with a copy of this document and the notices and information required under 11 U.S.C. §§ 110(b), 110(h), and 342(b); and, (3) if rules or guidelines have been promulgated pursuant to 11 U.S.C. § 110(h) setting a maximum fee for services chargeable by bankruptcy petition preparers, I have given the debtor notice of the maximum amount before preparing any document for filing for a debtor or accepting any fee from the debtor, as required in that section. Official Form 19 is attached.

Printed Name and title, if any, of Bankruptcy Petition Preparer

Social-Security number (If the bankrutpcy petition preparer is not an individual, state the Social Security number of the officer, principal, responsible person or partner of the bankruptcy petition preparer.)(Required by 11 U.S.C. § 110.)

T
v

Date

Address

Signature of bankruptcy petition preparer or officer, principal, responsible person, or partner whose Social Security number is provided above.

Names and Social-Security numbers of all other individuals who prepared or assisted in preparing this document unless the bankruptcy petition preparer is not an individual:

If more than one person prepared this document, attach additional sheets conforming to the appropriate official form for each person.

A bankruptcy petition preparer's failure to comply with the provisions of title 11 and the Federal Rules of Bankruptcy Procedure may result in fines or imprisonment or both. 11 U.S.C. §110; 18 U.S.C. §156.

B 1D (Official Form 1, Exhibit D) (12/09)

United States Bankruptcy Court Southern District of California

In re	Lance M. Cowling		Case No.	
		Debtor(s)	Chapter	13

EXHIBIT D - INDIVIDUAL DEBTOR'S STATEMENT OF COMPLIANCE WITH CREDIT COUNSELING REQUIREMENT

Warning: You must be able to check truthfully one of the five statements regarding credit counseling listed below. If you cannot do so, you are not eligible to file a bankruptcy case, and the court can dismiss any case you do file. If that happens, you will lose whatever filing fee you paid, and your creditors will be able to resume collection activities against you. If your case is dismissed and you file another bankruptcy case later, you may be required to pay a second filing fee and you may have to take extra steps to stop creditors' collection activities.

Every individual debtor must file this Exhibit D. If a joint petition is filed, each spouse must complete and file a separate Exhibit D. Check one of the five statements below and attach any documents as directed.

- 1. Within the 180 days **before the filing of my bankruptcy case**, I received a briefing from a credit counseling agency approved by the United States trustee or bankruptcy administrator that outlined the opportunities for available credit counseling and assisted me in performing a related budget analysis, and I have a certificate from the agency describing the services provided to me. *Attach a copy of the certificate and a copy of any debt repayment plan developed through the agency*.
- □ 2. Within the 180 days **before the filing of my bankruptcy case**, I received a briefing from a credit counseling agency approved by the United States trustee or bankruptcy administrator that outlined the opportunities for available credit counseling and assisted me in performing a related budget analysis, but I do not have a certificate from the agency describing the services provided to me. *You must file a copy of a certificate from the agency describing the services provided to you and a copy of any debt repayment plan developed through the agency no later than 14 days after your bankruptcy case is filed.*
- □ 3. I certify that I requested credit counseling services from an approved agency but was unable to obtain the services during the seven days from the time I made my request, and the following exigent circumstances merit a temporary waiver of the credit counseling requirement so I can file my bankruptcy case now. [Summarize exigent circumstances here.]

If your certification is satisfactory to the court, you must still obtain the credit counseling briefing within the first 30 days after you file your bankruptcy petition and promptly file a certificate from the agency that provided the counseling, together with a copy of any debt management plan developed through the agency. Failure to fulfill these requirements may result in dismissal of your case. Any extension of the 30-day deadline can be granted only for cause and is limited to a maximum of 15 days. Your case may also be dismissed if the court is not satisfied with your reasons for filing your bankruptcy case without first receiving a credit counseling briefing.

☐ 4. I am not required to receive a credit counseling briefing because of: [Check the applicable statement.] [Must be accompanied by a motion for determination by the court.]

1D (Official Form 1, Exhibit D) (12/09) - Cont. Pag	e 2
☐ Incapacity. (Defined in 11 U.S.C. § 109(h)(4) as impaired by reason of mental illness or mental deficiency so as to be incapable of realizing and making rational decisions with respect to financial responsibilities.);	
☐ Disability. (Defined in 11 U.S.C. § 109(h)(4) as physically impaired to the extent of being unable, after reasonable effort, to participate in a credit counseling briefing in person, by telephone, o	r
through the Internet.); Active military duty in a military combat zone.	
Active inintary duty in a mintary combat zone.	
□ 5. The United States trustee or bankruptcy administrator has determined that the credit counseling equirement of 11 U.S.C. § 109(h) does not apply in this district.	
I certify under penalty of perjury that the information provided above is true and correct.	
Signature of Debtor: /s/ Lance M. Cowling	
Lance M. Cowling	
Date· September 30, 2013	

Bank Of America 4161 Piedmont Pkwy Greensboro, NC 27420

California Business Bu Attn: Bankruptcy Po Box 5010 Monrovia, CA 91017

California Recovery Bu 135 Vallecitos De Oro, Suite G San Marcos, CA 92069

Capital One Na Attn: Bankruptcy Po Box 30285 Salt Lake City, UT 84130

Capital 1 Bank Attn: Bankruptcy Dept. Po Box 30285 Salt Lake City, UT 84130

Cba Collection Bureau Po Box 5013 Hayward, CA 94540

ChexSystems Consumer Relations 7805 Hudson Road, #100 Saint Paul, MN 55125

Citibank Sd, Na Attn: Centralized Bankruptcy Po Box 20363 Kansas City, MO 64195 Franchise Tax Board P.O. Box 942867 Sacramento, CA 94267

Hunt & Henriques
151 Bernal Street Road
Suite 8
San Jose, CA 95119

Internal Revenue Service P.O. Box 7346 Philadelphia, PA 19101-7346

Nco Fin /99 Po Box 15636 Wilmington, DE 19850

Pinnacle Credit Service Attn: Bankruptcy Po Box 640 Hopkins, MN 55343

Progressive Manageme Po Box 2220 West Covina, CA 91793

Sears/cbna Po Box 6282 Sioux Falls, SD 57117

Stanisccontr 914 14th St Modesto, CA 95353

Telecheck Recovery Services 5251 Westheimer Houston, TX 77056